

JUNGLE SPA MENU

During your stay at Qamea Resort & Spa, take time to unwind and delight your senses with treatments in our Jungle Spa. We offer an extensive menu of Fijian body therapies and Guinot French facial therapies that relax, rejuvenate, revitalize and renew your mind, body and soul...

FACIAL THERAPIES

AROMATIC OXYGEN BOOST FACIAL 60 minutes / FJ\$155.00

Extremely rich in active principles, plant extracts, and provides a source of energizing essential oils. This facial has a soothing effect and smells delightful. Your skin will be cleansed, gently exfoliated, massaged and renewed using cooling plant extracts, essential oils and a rubberized mask.

BEAUTE NEUVE FACIAL 75 minutes / FJ\$175.00

Dual effect treatment based on the complimentary action of fruit acids and enzymes which eliminates dead cells and impurities. Your skin will be renewed with a massage and fruit cocktail mask that will leave you feeling refreshed.

LIFTOSOME FACIAL 75 minutes / FJ\$195.00

A rapid, spectacular 'lifting' effect that instantly makes the skin look more youthful – the first really effective booster treatment with orange extracts that revives the skin. The tone of your skin is immediately improved, fine lines are minimized, facial contours appear firmer. After a massage, you feel renewed both inside and outside.

FOR MEN: TRES HOMME SKIN THERAPY FACIAL (masculine fragrance just for men) 60 minutes / FJ\$155.00

Incorporates a deep cleansing scrub to remove dirt and grime and a mask to remove toxins, preparing the skin for a stress relieving scalp and facial massage. A refreshing moisturizing balm completes the treatment, unveiling a healthy and fresh complexion.

BODY THERAPIES

ROYAL FIJIAN HONEY AND MILK RITUAL with HOT STONES 80 minutes / FJ\$210.00

Fijian Honey and Coconut Milk are combined to create a Royal Fijian Ritual. Designed to hydrate, nourish, tighten and strengthen the skin. Organic Fijian Cane Sugar is combined with exotic drift nut oils to gently exfoliate the skin. A moisturizing honey masque high in antioxidants and vitamins is applied and gently worked into the skin using warm stones. A Fijian scalp treatment with island milk and honey ends the ritual leaving your body soothed and replenished.

FIJIAN HIBISCUS & COCONUT WRAP 30 minutes / FJ\$125.00 - 90 minutes (with Massage) / FJ\$295.00

High in anti-oxidants and trace elements that deeply hydrates your body. You will be body brushed, cocooned in nourishing coconut body butter with hot stones placed delicately upon and around your body while your scalp is massaged. An application of hydrating Fijian body lotions concludes this treatment, or if you choose, add a relaxing one hour body massage.

TROPICAL SUGAR GLOW 45 minutes / FJ\$140.00

Local Fijian sugar cane combined with exotic tropical nut oils and fruit enzymes that will nourish your skin with vitamins A, B, C and E creating a healthy Qamea glow. Coconut milk is combined with macadamia and coconut oils and are gently massaged into your skin that will be followed by an application of pure sugar cane and tropical nut oils. An application of hydrating body lotion from the Fijian Isles completes this glowing ritual.

AFTER-SUN BURN REVIVER 30 minutes / FJ\$120.00

Tropical dilo nut oil works wonders on sunburns, itchy bites and other skin irritations. It is high in vitamins A, C and E and combined with coconut oil and aloe makes a super charged healing cocktail for your skin. Your body will be coated with a cooling dilo nut and pure aloe remedy prior to being cocooned with sunburn relief gel. You will also receive a soothing face treatment with cold stones being lightly held to reduce skin redness and heat prior to a relaxing Fijian scalp massage. This treatment is not recommended for severe sun-burns.

ISLAND MESSAGES**JET-LAG RECOVERY MASSAGE 45 minutes / FJ\$140.00**

Essential oils will penetrate your skin using specific massage techniques to soothe and de-stress your back, neck and shoulders. Your legs and feet will be re-energized with the application and massage of a soothing gel that has a "cold effect" to decongest, alleviate heaviness and reduce puffy ankles.

QAMEA SPA SIGNATURE MASSAGE 60 minutes / FJD \$160.00 - 90 minutes / FJ\$190.00

Can be pure relaxation or a combination of relaxation and deep tissue. Your back, neck and shoulders receive extra attention to reduce work tension while the rest of your body is soothed and stretched into heavenly bliss. For total body indulgence we recommend the 90 minute massage as extra time is spent on the feet, face and scalp.

SYNCRONISED 'FOUR HAND' MASSAGE 60 minutes / FJ\$240.00

If you enjoy a massage with two hands, then you will be wonderfully overwhelmed with a „four hand“ massage. It is like two hours of massage in one hour, as one therapist works your upper body while another works your lower body.

FIJIAN WARM SEASHELL MASSAGE 50 minutes / FJ\$160.00

A unique tropical warm seashell massage combined with exotic tropical oils. This treatment is very relaxing and relieves aches and pains especially after a long flight or period of intense work.

EAST meets WEST 60 minutes / FJ\$195.00

If you love your feet and scalp to be massaged then book for this divine exotic treatment. Take deep breaths listen to the resonating sound of Tibetan chimes as your therapist begins with a scalp treatment known as Shiodaraha. A fine stream of local exotic coconut milk is poured over the third eye (pressure point between the eyebrows), this stimulates neuro-chemicals such as serotonin, which promotes happiness and a calm state of mind. A scalp massage follows, alleviating tension. Now in a deep state of meditative/relaxation your feet will be massaged using reflex acupuncture point work on sensitive points that co-relate to other areas of the body, promoting overall well-being. A cooling gel applied to your feet leaves you feeling light and refreshed.

COUPLES TREATMENTS

DODOMO MASSAGE 90 minutes / couple FJ\$320.00

Relax together with our Signature 90 minute side by side massage.

LOVERS TANGO 90 minutes / couple FJ\$420.00

It takes two to tango. You will both receive a Tropical Sugar Glow prior to a full body massage with exotic massage oil and luxurious body butter to melt your senses.

HONEYMOON DUET 2 hours / couple FJ\$520.00

You will both receive an aromatic full body massage followed by a Guinot aromatic facial.

QAMEA NIGHT OF DECADENCE FJ\$1000/ couple

A romantic night of decadence starts with a Fijian Warrior escorting you from your bure to your private spa. Our Guinot Paris trained therapists will greet you with champagne and a tropical fruit platter. Your bodies will be polished with a Tropical Sugar Glow leaving your skin refreshed, as your mind is soothed into heavenly bliss, followed by a sensual candlelit outdoor shower in the Jungle Spa. To follow, choose between our Jungle Spa Signature Massage or a specialized Guinot Liftosome Facial that will brighten and lift your complexion.

Further relaxation awaits back at your bure, a romantic candlelit dinner on your verandah. Your menu for the evening is a choice from our daily selection or you may wish to try our divine Qamea lobster. Enjoy another bottle of champagne with your dinner while being serenaded by our own Qamea band.

Please note these prices do not include 25% Fijian Taxes.